

# SOLIHULL HEART SUPPORT GROUP

66 Pear Tree Crescent  
Shirley  
West Midlands  
B90 1LD ☎ 0121 430 3502  
[www.solihullheartsupport.org.uk](http://www.solihullheartsupport.org.uk)



**Membership** Free Membership on joining which will last until the end of the current Financial year (31<sup>st</sup> March 2010) then a nominal fee in subsequent years.

- 1 Quarterly "Heart line" Newsletter
- 2 Entrance to Monthly Meetings
- 3 Free loan of Books / Videos / Heart publications from our Library
- 4 Free public liability insurance cover
- 5 Opportunity to receive advice, information and support from a national charity (British Heart Foundation) concerned with the welfare of cardiac patients.
- 6 Weekly supervised Exercise with a qualified instructor. (subject to medical approval) for a small cost.

Note In order to keep down postage costs, this application will not be acknowledged

Application Form (Private and Confidential) Please print

## Personal Details.

Surname

First Name

Date of birth

Partners/Carers Name

Address

Present / Former Occupation

Telephone

Marital Status

Do you wish to join the Exercise Class Programme: Yes  No

## Social Details.

Hobbies / Interests / organisations

Other Information

Signature .....

Dated .....

## Programme Planning

Suggestions, Comments  
Topics / Events I would like to see included

Would you be interested in joining the committee at some time : Yes  No